



# BRIGHT BEGINNINGS

## Developmental Parent and Me Classes

Have you been looking for the instruction book on raising kids? Look no further, Bright Beginnings is here. Bright Beginnings classes are Developmental Parent and Me classes specifically designed to help children develop according to developmental milestones, while empowering parents and teaching them skills they'll need to be the best parents they can be.

### Classes are broken into 10-week sessions for:

0-6 month, Babies	18-24 month, Walker
6-12 month, Creepers	24-30 month, Walkers II
12-18 month, Beginning walkers	30-36 month, Runners

One ten-week session flows into the other. If you have a 0-6 month old, you might want to take 2 sessions there then move on the 6-12 month old class.

Classes are taught by professionals from the fields of Child Development, Speech and Language Pathology and Occupational Therapy. The class structure is based on the Beautiful Beginnings curriculum used by Early Headstart.

### Current class sessions are:

Session I: September 14th – November 19th 2010

Session II: November 25th-February 18th 2011 (three week holiday break)

Session III: February 12-April 15th 2011

### Each session will have classes for all 6 age groups.

Limerick Elementary School

8350 Limerick Ave.

Winnetka, Ca 91306

Please register early, as space is limited to 10 parent/child dyads!

Cost per 10-week series is \$350.00.

For more information, please contact It's Aparent Parenting



*It's Aparent* Parenting & Behavioral Specialists

818.222.2606  
[www.itsaparentparenting.com](http://www.itsaparentparenting.com)